

# IMPORTANT NOTICE TO ALL PATIENTS

## Please tell staff immediately if you have flu symptoms

Flu symptoms include fever, headache, tiredness, dry cough, sore throat, nasal congestion and body aches.



# 1

### Cover Your Cough and Sneeze

- Use a tissue to cover your mouth and nose when you cough or sneeze.
- Drop your used tissue in a waste basket.
- You may be asked to wear a mask if you are coughing or sneezing.

and



# 2

### Clean Your Hands

- Wash your hands with soap and warm water or clean with gels or wipes with alcohol.
- Cleaning your hands often keeps you from spreading germs.

